

December Calendar

Monday

9:15 am Mindfulness

9:30 am Music for Wellness

11:00 am Community Meeting

11:30 am Lunch

12:30 pm Sports Talk

Spirit Week: 12/23
Mismatched



Tuesday

9:15 am Mindfulness

9:30 am Music for Wellness

11:00 am Community Meeting

11:30 am Lunch

12:30 pm Creative Corner

1:30 pm Spirituality

Spirit Week: 12/24
Green, red, silver, & gold



Wednesday

9:15 am Mindfulness

9:30 am Music for Wellness

11:00 am Community Meeting

11:30 am Lunch

12:30 pm Empower Hour

1:30 pm Movement

Wednesday 12/25
CENTER CLOSED



Thursday

9:15 am Brain Games

11:00 am Community Meeting

11:30 am Lunch

12:30 pm Men's Empowerment

12:30 pm Women's Empowerment

Spirit Week: 12/27
Wild Hair



Special Events

Friday 12/6 Nature & Science Museum

Tuesday 12/10 Winterfest

Friday 12/13 Birthday Bash Bingo

Thursday 12/12 Member Forum

Friday 12/20 Holiday Celebration

Weds. 12/25 CENTER CLOSED

Friday 12/27 Holiday movie in Pajamas



Ancillary Services (open M - F except 11 am - 12 pm):

Case Management | Clothing Closet | Peer Support | Food Pantry

690 W. 84th Ave. Thornton, CO 80260 | 303-451-4288 | M - Th, 8:30 am - 4 pm | Fri, 10 am - 4 pm

December Menu

Served Monday - Friday, 11:30 am - 12 pm

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 Country Bowl	3 Ham Breakfast Casserole	4 Kielbasa, Potatoes, & Veggies <i>Member of the month pick!</i>	5 Enchiladas, Rice, & Beans	6 Boxed Lunches: Hard Tacos & Rice	7 
8	9 Bell Pepper Casserole	10 Lunch at Winterfest	11 Asian Noodles	12 Zuppa Toscana & Rolls	13 Loaded Nachos & Birthday Cake	14 
15	16 Cheesy Chicken, Rice, & Broccoli	17 Breakfast Casserole	18 Chicken & Bacon Alfredo	19 Spaghetti & Meatballs	20 Holiday Dinner	21 
22	23 Beef & Barley Soup	24 Biscuits & Gravy Casserole & Eggs	25 CENTER CLOSED	26 Cheddar Broccoli Soup & Chicken	27 Pizza	28 
29	30 Burrito Bake & Rice	31  New Years Eve Meal	CENTER CLOSED <i>Happy New Year!</i>			

*Meals are subject to change without notice.