A.W.A.R.E. CENTER
Appreciating Wellness and Recovery Empowerment

August Calendar

Monday

Time	Activity
9:15 am	Mindfulness
9:30 am	Music for Wellness
11:00 am	Community Meeting
11:30 am	Lunch
12:30 pm	Sports Talk
1:30 pm	Creative Writing

Tuesday

Time	Activity
9:15 am	Mindfulness
9:30 am	Music for Wellness
11:00 am	Community Meeting
11:30 am	Lunch
12:30 pm	Down the Rabbit Hole
1:30 pm	Spirituality

Wednesday

Time	Activity
9:15 am	Mindfulness
9:30 am	Music for Wellness
11:00 am	Community Meeting
11:30 am	Lunch
12:30 pm	Empower Hour
1:30 pm	Movement

Thursday

Time	Activity
9:15 am	Brain Games
11:00 am	Community Meeting
11:30 am	Lunch
12:30 pm	Men's Empowerment
12:30 pm	Women's Empowerment
1:30 pm	Creative Corner

Special Events

Date	Event
Friday 8/2	Karaoke & Games
Thursday 8/8	Member Forum
Friday 8/9	Community Clean Up Day
Weds. 8/14	Center Closed
Friday 8/16	Tell a Joke & Birthday Bash Bingo
Friday 8/23	Show & Tell
Friday 8/30	Rocky Mountain Arsenal National Wildlife Refuge

Ancillary Services (open M - F except 11 am - 12 pm)**:**
Case Management | Clothing Closet | Peer Support | Food Pantry

690 W. 84th Ave. Thornton, CO 80260 | 303-451-4288 | M - Th, 8:30 am - 4 pm | Fri, 10 am - 4 pm

AUGUST MENU

Served Monday - Friday, 11:30 am - 12 pm

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 Enchiladas & Rice	2 Pizza	3
4	5 Spaghetti & Meatballs	6 Pancakes Scrambled Eggs, & Bacon	7 Kielbasa, Potatoes, & Veggies	8 Fried Rice	9 Hamburger Goulash	10
11	12 Stuffed Bell Pepper Casserole	13 Biscuits, Gravy, Sausage, & Eggs	14 CENTER CLOSED for ALL-STAFF	15 Taco Pasta	16 Loaded Nachos & Birthday Cake	17
18	19 Beef, Bean, & Cheese Burritos with Fries	20 Ham Breakfast Casserole	21 Asian Noodles	22 Cheesy Broccoli & Chicken Rice	23 Chicken with Mashed Potatoes & Gravy	24
25	26 Cuban Beans & Rice	27 French Toast, Scrambled Eggs, & Bacon	28 Chili Dogs & Fries	29 Baked Potato, Chicken, & Broccoli Casserole	30 Boxed Lunches	31

*Meals are subject to change without notice.